

International Day of Yoga-2021

(Yoga from Home) On 21-06-2021

Name of the Institution: Mrs.AVN College Name of the ANO : Capt.Dr.N.Ramakrishna

| SI.No | Name | Number |
|-------|------------------------------------|------------------------------|
| 1 | Number of cadets participated | 36 |
| 2 | Number of Instructors participated | 01 |
| 3 | Number of families participated | 04 |
| 4 | VIP attended | Sri.D.Apparao |
| | | Chairman, Yoga Educational |
| | | Society, |
| | | Visakhapatnam. |
| 5 | Mode of instruction | Online through |
| | | Zoom app |
| 6 | Awareness on Yoga through | https://youtu.be/YtUZgo6ha2c |
| | YouTube : Link | |
| | Prepared by Capt.Dr.N.Ramakrishna | |

























