

## International Day of Yoga-2021

( Yoga from Home) On 21-06-2021

Name of the Institution: Mrs.AVN College Name of the ANO : Capt.Dr.N.Ramakrishna

SI.No	Name	Number
1	Number of cadets participated	36
2	Number of Instructors participated	01
3	Number of families participated	04
4	VIP attended	Sri.D.Apparao
		Chairman, Yoga Educational
		Society,
		Visakhapatnam.
5	Mode of instruction	Online through
		Zoom app
6	Awareness on Yoga through	https://youtu.be/YtUZgo6ha2c
	YouTube : Link	
	Prepared by Capt.Dr.N.Ramakrishna	

























